

THE INTERNATIONAL COUNCIL OF NURSES.

Mrs. Bedford Fenwick has received the following cable from Miss Anna Schwarzenberg, Executive Secretary of the International Council of Nurses:—

“Distressed about accident. Love and best wishes for recovery. Anna Schwarzenberg.”

It is well to know that the forthcoming Congress of the International Council of Nurses is already arousing very keen interest in Great Britain, and it is well to know that the Executive Secretary, Miss Anna Schwarzenberg, has already sent out the tentative agenda to the Board of Directors of the I.C.N. as follows.

September will soon be here, and we have no doubt business will have to be very brisk to be considered in the time allotted—September 3rd, 4th, and 5th.

TO THE BOARD OF DIRECTORS OF THE INTERNATIONAL COUNCIL OF NURSES.

May 20th, 1946.

DEAR BOARD MEMBER,—The enclosed copy of the Tentative Agenda for the official meeting of the Board of Directors of the International Council of Nurses to be held at the Royal College of Nursing, London, September 3rd, 4th, 5th, 1946, will give you some idea of subjects to be considered. Undoubtedly there are additional ones which should come before the meeting and which you would like to propose. Since there is a great deal to cover, the discussions will necessarily be definitely limited to business.

I should like to call your attention especially to items 10 and 11 of the Agenda regarding the reorganisation of the International Council of Nurses and the relationship with the Florence Nightingale International Foundation. It is essential that serious consideration be given to these two matters and that constructive suggestions be presented from the National Associations.

It will be helpful if written suggestions are sent in to reach the Headquarters office of the International Council of Nurses, 1819, Broadway, New York 23, N.Y., before July 15th, so that they may be prepared for the meeting.

Resolutions from National Associations *must be received in written form* at the Headquarters office not later than July 15th in order to appear on the final Agenda and come before the meeting.

Sincerely yours,
ANNA SCHWARZENBERG,
Executive Secretary.

INTERNATIONAL COUNCIL OF NURSES.

MEETING OF THE BOARD OF DIRECTORS,
LONDON, SEPTEMBER, 1946.

TENTATIVE AGENDA.

1. Minutes of last Meeting.
2. Apologies for Absence.
3. President's Address.
4. Report of the Executive Secretary.
5. Report of the Honorary Treasurer.
6. Reports of the Standing Committees :
 - (a) Membership.
 - (b) Congress Programme.
 - (c) Congress Arrangements.
 - (d) Publications.
 - (e) Nominating.
 - (f) Education.
 - (g) Public Health Nursing.
 - (h) Private Duty Nursing.

- (i) Ethics of Nursing.
- (j) Revision of Constitution and By-Laws.
- (k) Finance.
- (l) Advisory.
- (m) Headquarters.
- (n) Florence Nightingale Foundation.

Reports of the Special Committees :

- A. Mental Nursing.
- B. Advisory Finance.

7. Finance : Expenses of Officers of the I.C.N.
Expenses of representatives of I.C.N. to other organisations.
8. Headquarters :
 - (a) Location of Headquarters.
 - (b) Staff.
 - (c) Field Staff.
 - (d)
 - (e)
9. Congress :
 - (a) Appointment of Travel Agent.
 - (b) Programme.
 - (c) Printing of Programmes and Papers.
 - (d) Official Languages.
10. Reorganisation of the I.C.N. in the light of changing needs.
11. Florence Nightingale International Foundation :
 - (a) Present and future relationship between F.N.I.F. and I.C.N.
12. Resolutions :
 - (a) Resolution *re* F.N.I.F. from the Canadian Nurses' Association.
 - (b)
 - (c)
 - (d)
 - (e)
13. Co-operation with other International Organisations :
 - (a) League of Red Cross Societies.
 - (b) U.N.R.R.A.
 - (c) Pan-American Sanitary Bureau.
 - (d) Institute of Inter-American Affairs.
 - (e) Rockefeller Foundation.
 - (f) Health Organisation, United Nations.
 - (g)
 - (h)
 - (i)
14. Any other business.
15. Date and place of next meeting.

BAD POSTURE.

We quote the following interesting item from *The Canadian Nurse*.

Poor posture is ugly, fatiguing and damaging to the health, Dr. Jerome S. Peterson, of the New York City Department of Health says in an article in *Hygeia*, the health magazine of the American Medical Association.

“Poor health, depressed mental attitude and bad posture seem to go together,” Dr. Peterson says. “Bad posture will throw the body out of alignment and may do serious damage to the internal organs as a result of unnatural compression.”

The writer's formula for improving the posture is: “Stand correctly; stand as tall as possible without rising on your toes. Get your feet a few inches apart and point your toes forward. Hold your head up, your chin in. Your chest should be up. The lower abdomen should be in and flat, but don't strain yourself and don't become stiff. Let your hands hang loosely at your sides. Be conscious of your posture, but try to be relaxed at the same time.”

[previous page](#)

[next page](#)